

## 2019 COBRA INFORMATION

For detailed information on continued coverage under COBRA, refer to the COBRA section under the Health tab at [www.life360ahbelo.com](http://www.life360ahbelo.com).

Contact TaxSaver Plan, our COBRA administrator, at 1-888-602-6272 or [www.taxesaverplan.com](http://www.taxesaverplan.com).

### 2019 Monthly Rates (includes 2% administration fee)

Monthly Rates					
Option	Individual Only	Two Adults	One Adult & Child(ren)	Family	Children Only
<b>Medical</b>					
CDHP	\$660.61	\$1,617.65	\$1,264.30	\$2,182.99	\$1,264.30
PPO	\$706.71	\$1,696.05	\$1,342.70	\$2,261.39	\$1,342.70
<b>EAP</b>					
Employee Assistance Program	\$1.32	\$1.32	\$1.32	\$1.32	\$1.32
<b>Dental</b>					
Delta Dental PPO	\$41.28	\$84.99	\$83.99	\$129.62	\$83.99
MetLife DHMO	\$16.17	\$30.73	\$32.35	\$50.14	\$32.35
<b>Vision</b>					
Vision Service Plan	\$14.22	\$29.88	\$29.88	\$29.88	\$29.88